



Natural Primary Care

Functional Blood Work Analysis

What you need to know about your lab test results?

Let us empower you with a complete lab analysis

"My doctor said my labs were normal so there is nothing to worry about, but why don't I feel well?" Sound familiar?

We hear this all the time. Here are a few of the reasons why this may be the case:

- Doctors generally do not order comprehensive blood tests. Oftentimes Insurance dictates what they can order and other times the doctors only order basic "routine" labs that can miss a lot of important information.
- Doctors typically look for "high" or "low" markers (markers indicating disease). Not only does this miss the important interpretation of the panel as a whole, but ranges are set to fall within very broad parameters.
- Doctors typically use labs to confirm a diagnosis of an illness, as opposed to preemptively finding and fixing issues before they become illnesses.

We approach the diagnostics differently!

We begin with a comprehensive blood test that provides much more information than the basic "routine" blood test. We dig deep into areas such as inflammation, immune system including auto-immune markers, thyroid, blood sugar regulation, energy production, liver and digestion, cardiovascular risk factors, etc. Your results are then analysed through a narrower lens of optimally healthy ranges. This guides us towards understanding the root imbalances affecting your body's function and well being.

You will receive

- ▶ A customized report that details each single lab value, and if the value is less than optimal, the diet, nutrition, and lifestyle factors that are often contributors.
- ▶ An in depth review of the results either in person or over the phone.
- ▶ You will also receive specific recommendations on the most advanced natural therapies including diet and lifestyle modification, with targeted nutraceutical/botanical medicine to Predict, Proactively treat, and ultimately Prevent disease.

Lab testing can be ordered as early as your first visit; the quicker we have test results, the sooner you begin your journey to optimal health.

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